

2025 Tri Series Meet

THURSDAY 10 – SATURDAY 12 JULY 2025

BALLARAT AQUATIC AND LIFESTYLE CENTRE

Prince of Wales Recreation Reserve - Pt, 1
Kunuwarra Place, Lake Gardens VIC 3350

Event Information Booklet

Contact Information

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Version 1
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This is a living document and amendments may be added. The information in this booklet is correct at the time of publishing. Swimming Victoria will not be held liable for any costs and expenses incurred by a person following changes to the information outlined in this booklet.

Swimming Victoria reserves the right to use discretion and adjust the contents and rules outlined in this document.

For the latest information, please check the event page on the Swimming Victoria website to ensure you have the up-to-date version.

EVENT PURPOSE

The Tri Series Meet has been designed to provide a high-level representative competition for swimmers and coaches. It aims to challenge athlete racing skills, push them outside their comfort zones, and promote personal growth in a performance environment. It also aims to foster team camaraderie and build lasting friendships amongst swimmers across Victoria, Western Australia and New Zealand.

ENTRY INFORMATION

Swimming Victoria policies and the Victorian swimming rules govern this competition.

This meet is for the selected Tri Series Competition Teams:

- New Zealand Black
- New Zealand White
- Victoria
- Western Australia

Who are financial, registered (at time of competition) Swimming Victoria Competitive Swimmers and foreign swimmers registered with foreign World Aquatics affiliated swimming federations. All participants must agree to comply with the Sports Anti-Doping Rules.

Entry Process

Coaches will complete the entries for their teams.

The Meet Manager & Team Manager file for entries will be sent out by Friday 20th June and is to be returned to events@vic.swimming.org.au by 5pm, Thursday 3rd July 2025.

Relays: Names of swimmers competing in relays may be completed/changed and handed in at the resolutions desk or to the Event Manager up to **1 hour prior to the start of the Match warm-up**.

*6x40m/6x50m Mix Medley and Free (MC) team sheets must be submitted at least 24 hours before.

Late entries will be accepted for 24hours. Please email all late entries to events@vic.swimming.org.au

Injury or Illness

Substitutes can only be made in the event of injury or illness withdraw. The substitutes must be requested 1 hour prior to the start of the Match start and submitted to the Technical Director.

Para Swimmers

This Tri Series Meet is open to Para swimmers. Each team will be allowed up to four Para swimmers (mixed gender).

Para Swimmers can score points with the top three placings in each race. Placings are based on who is closest to the world record in their classification as per international mixed multiclass racing.

For any questions, please contact Nic Baker – nic.baker@vic.swimming.org.au

EVENT INFORMATION

Match Rules

- Athletes can race in a maximum of 3 events total per Match (2 Individual and one relay).
- Athletes / relays will be time ranked for each event with the fastest entrant in Lane 4, next fastest in lane 5 etc.
- 2 athletes per team will be eligible for each event
- Rules are subject to change as directed by the SV events team.

Relays

4 x50m and 4 x100m relay events are as follows:

- 1 race is female (1 relay per team)
- 1 race is male (1 relay per team)
- 1 race is mixed (1 relay per team)

4x200m Freestyle relay events are as follows:

- 1 race is female (1 relay per team)
- 1 race is male (1 relay per team)

16x20m Freestyle relay in Match 3 rules are as follows:

- The 16x20m event includes 16 Athletes. Athletes can race in any age or gender order.

6x40 Mixed Medley Relay (MC) in Match 3 rules are as follows:

- The event must contain all available multiclass athletes in each team, with additional spaces to be filled with able body athletes
- The team must comprise of 3 female and 3 male athletes
- The relay will be swum in the order of:
Backstroke/ Breaststroke/Breaststroke/Butterfly/Butterfly/Freestyle
- Teams will receive a handicapped starting time based upon the combined entry time of their team members.

Other relay rules:

- Mixed relays (other than the 6x40m and 6x50m (MC) relays) must consist of 2 females and 2 males, athletes can race in any order.
- All medley relay events (other the 6x40m and 6x50m (MC) relays) will be swum in the order of Backstroke, Breaststroke, Butterfly and Freestyle.

Skins: Teams may enter two athletes of their choice into skins events:

- The skins will be a conducted in each of the four strokes
- Two swimmers will be eliminated from the skins race each round, for a total of 4 rounds.
- Skins will be conducted on a 2 minute time cycle for each round (TBC)

Match 3

Match 3 will be conducted in a 20m pool configuration. This is in order to place more emphasis on the execution of a swimmers race skills (Start, U/W kicking and Turns).

- 40m races will be **2 laps**
- 100m races will be **5 laps**
- Pool T's and backstroke flags have been adjusted accordingly

Psych Sheets

Psych Sheets will be posted on the event webpage as soon as possible after entries close.

Any corrections and changes to psych sheets are to be sent to events@vic.swimming.org.au by 12pm Monday 7th July 2025.

Any changes made after the final psych sheets are published will not be updated online but will be completed and updated on the MM event file.

Results

Swimming Victoria will publish PDF results to their website after each session. Live results will be available via Meet Mobile.

Pre-Event Trainings

Day	Morning	Afternoon
Tuesday <i>8th July</i>	8am - 10am BALC	4pm - 6pm BALC
Wednesday <i>9th July</i>	8am - 10am BALC	N/A

Competition Opening Hours

Match	Warm-Up	Racing
Match 1 <i>Thursday 10th July</i>	8am - 8.45am	9am - 11am
Match 2 <i>Thursday 10th July</i>	3pm - 3.45pm	4pm - 6pm
Match 3 <i>Friday 11th July</i>	8am - 8.45am	9am - 11am
Match 4 <i>Friday 11th July</i>	3pm - 3.45pm	4pm - 6pm
Match 5 <i>Saturday 12th July</i>	8am - 8.45am	9am - 11am

Spectators

Swimming Victoria will not be selling spectator tickets for this event. Please refer to the venue policies regarding spectator entries.

Livestreaming, Photography & Videography

This event will not be livestreamed.

Photos and videos will be taken throughout the competition. All athletes and spectators have agreed to allow photographs, videos, audio recording to be taken by accredited SV contractors to be used for any legitimate purpose by SV. If you have any concerns please contact the Event Manager.

*Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose which may include, without limitation, video and/or audio recorders, camera tripods, monopods or lenses with a total focal strength of greater than 300mm and commercial digital video equipment. The SV Event staff will, at their sole discretion, determine whether an item is intended for personal or commercial use.

Parking

Parking is available outside the Ballarat Aquatic and Leisure Centre

ATHLETE INFORMATION

Pool Access

Access to the pool for all swimmers, coaches and team managers will be through the event entry door.

Warm-up Procedure

A warm-up procedure document will be available on the event webpage, please refer to this document for warm-up guidelines.

Warmup/warm down lanes will be available during racing.

Athlete Seating

There will be no rotating seating plan due to the small numbers of competitors.

Strapping

Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Meet Director prior to swimming. Any swimmers without such documentation may not be permitted to swim.

Marshalling Process

Self-marshalling will be employed during all sessions. Swimmers are asked to be marshalling 2 events prior to their event.

Disqualifications

Disqualifications will be posted online with the events results. A copy of the DQ form can be requested from the Event Manager or the Technical Director.

Protests

Protests must be submitted as follows:

- To the Referee
- In writing on the Swimming Victoria protest form.
- By the responsible team manager/coach
- Together with cash of \$100.00 AUD or deposited into the Swimming Victoria Bank Account.
- Within 30 minutes following the conclusion of the respective event.

If the Referee rejects the protest, they must state the reasons for this decision.

The Team Manager/Coach may appeal the rejection to the Jury of Appeal whose decision shall be final.

Session Programmes

All session programmes will be online on the event webpage.

Timelines

Timelines will be included in all session programmes. The times shown are approximate and races may start before or after the times indicated.

It is the swimmer's responsibility to be at marshalling at the appropriate time (i.e., 2 events before the scheduled race).

Victory Ceremonies

There will be no victory ceremonies at the Tri Series Meet. Team presentations will be conducted on pool deck at the conclusion of Match 5.

Banner Placement

Swimming Victoria will have signage at the event and will take precedence for position over team's banners. SV reserves the right to remove any banners that are not in appropriate areas or conflict with event signage and/or sponsors. Teams are welcome to bring their own banners for the event.

Accreditation

Accreditation is not required for this event.

Points and Awards

Awards

The presentations will be conducted after Match 5 as follows:

- Top Female point scorer
- Top Male point scorer
- Overall Para Athlete
- Winning Overall Team

Points

Points are awarded as follows:

Race Placing Points:

- Individual
- Skins
- Relay

Race Placing Points

Event	1	2	3	4	5	6	7	8	DQ / DNF
Individual	16	14	12	10	8	6	4	2	0
Skins	46	30	14	14	6	6	2	2	0
Relay	46	36	24	15	-	-	-	-	0

Medical Information

Service	Address	Phone
Grampians Health Ballarat (Hospital)	1 Drummond St N, Ballarat Central VIC 3350	(03) 5320 4000
Wendouree UFS Pharmacy	1207 Howitt Street, Wendouree VIC 3355	(03) 5339 6933
Harper Dental & Orthodontics	1109 Howitt Street, Wendouree VIC 3355	(03) 5303 9999
Ballarat Urgent Care Clinic (PPCC)	Level 1/1010 Sturt St, Ballarat Central VIC 3350	(03) 4320 0820
Lake Health Group (Physio)	1046 Howitt Street, Wendouree VIC 3355	(03) 5335 3200
Emergency – Fire, Police, Ambulance		000
AED	Ballarat Aquatic and Lifestyle Centre	